

NEW NORMS for the NEW NORMAL

Setting Intentional SEL Structure for Remote Learning

During this time of distancing, myriad factors are contributing to increased trauma in children and are having a disproportionate impact on the lives and health of already-vulnerable populations across the country. Efforts to establish **a new normal** for our students is more critical than ever. Setting norms helps ease students' minds and gives them the structure they crave – setting the table for the hard work of learning.

How do we do this? Based on our 20 years of expertise working with vulnerable student populations, Camelot Education is focusing on these six ways to adjust to virtual educating:

NURTURE RELATIONSHIPS

Go out of your way to have more intentional conversations with students. Plan time to catch up before you dive into learning. This helps your students feel seen and heard and gives you a chance to uncover hidden anxiety or concerns a student might have.

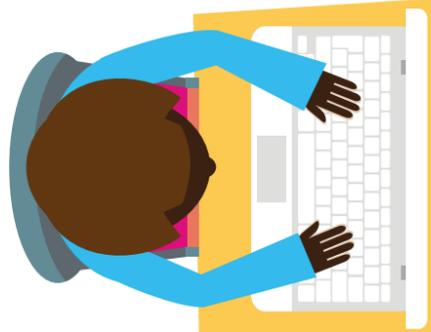


CONFIRM NORMS & SET EXPECTATIONS

Review the norms for your virtual classroom before you start to teach. Reinforce the expectations for virtual classroom behavior. Establish a safe place to learn and grow.

LEVERAGE TECHNOLOGY

Not all home environments are the same. Utilize communication channels that allow students to engage in a way that works with their home responsibilities and/or distractions such as tending to young siblings.



WATCH FOR RED FLAGS

When a student is not behaving as they typically would in the classroom, use the relationship you already developed to determine if there is reason for concern and respond accordingly.

BE AWARE OF MENTAL HEALTH

Establish a structure to support mental health, and escalate emotional concerns or unusual behavior. Start with a 1:1 call between student and a coach or counselor. Let them know someone cares.



STAY CONNECTED

Periodically reach out to parents, guardians and students. Keep it informal. Let them know you understand the challenges of the time and you are there to help. Make sure basic needs are being met.

