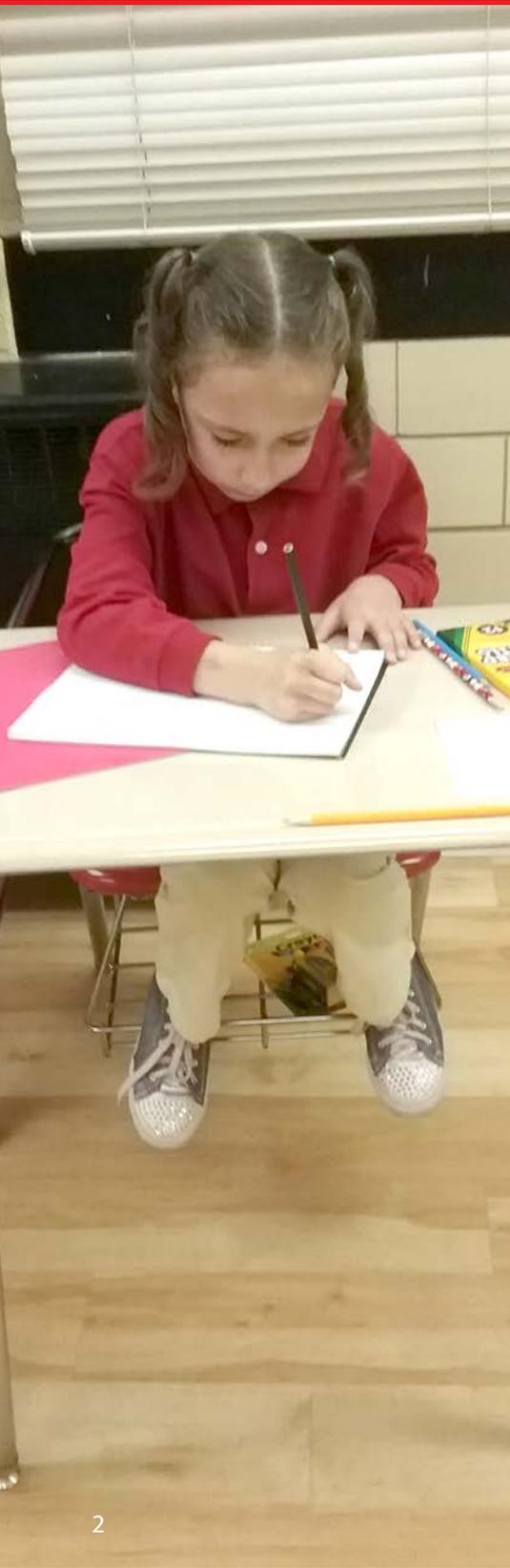


Camelot of The Quad Cities THERAPEUTIC DAY SCHOOL



THERAPEUTIC PROGRAM



Overview of Camelot of The Quad Cities Therapeutic Day School

Camelot of The Quad Cities is a therapeutic day school that provides services for students who are unable to thrive in other educational settings due to the need for more individualized therapeutic, behavioral, and academic interventions. Camelot exists in this community to help students who have difficulty assimilating to the norms and rules of other educational settings.

Along with providing academic supports like a high staff ratio (a moderate ratio of 5:1 and an intensive ratio of 1:1), self-contained special education classrooms, adaptive physical education classes, and individualized education plans, Camelot also provides evidence-based therapeutic services that restore the emotional, behavioral, and social functioning of students.

Evidence-based practices (EBPs) are therapeutic practices that conscientiously use the current, best evidence for clinical practices in relation to a student's needs (American Psychological Association, 2006). Camelot provides EBPs in each of its therapeutic domains: positive peer interaction, counseling therapy, applied behavioral analysis, occupational therapy, speech therapy, expressive therapy, and vocational services. Each EBP targets a specific population, mental health diagnosis, or behavioral problem.

Positive Peer Interaction

Camelot uses a status system and a peer-mediated norms environment to promote value development and socialization. These positive peer interactions also teach students mediation and social skills. School-age children value the advice, direction, and interventions of their peers over everyone else, as peers are seen as more socially desirable than adults (Watkins et al., 2015). Positive peer interactions tap into this potential by using peers as intervention agents.



100 THINGS WE HAVE LEARNED

I learned to dab

- I have learned to ignore negative behaviors
- Not laugh when others have bad behavior
- To read my books
- Stacking blocks
- having good eye contact
- having nice hands

MY SCHOOL

math is a lot harder than thought

I learned more about vegetation

- Trump is the new President
- Sitting Nicely
- Sight Words spelling
- I Statements

I'M A LEGEND!

I LEARN THAT THIS SCHOOL HELPS EACH OTHER. I LEARN ALOT FROM THIS SCHOOL.

- I learned how to multiply Fractions
- I learned How to multiply and divide decimals
- I learned to tell when people are being Garabaticious

- Rules
- Play Jenga
- Play Fair

I learned how to play basketball

More about the prez home.

Be even tag

- More math
- not give up
- Why It is important to stay in school

I learned how to play tag!

Never Give up

PIG Music

How to have the Pass Behavior

People care about me.

I learned how to play tag!

I learned about football

I learned how to now with all kinds of things. I learned to, participate in class & help. And many more.

To ask for help

Learn



Counseling Therapy Services

Camelot provides individual and group counseling services through certified school counselors and a licensed mental health counselor (Licensed Clinical Professional Counselor (LCPC)). Furthermore, all staff are trained in Therapeutic Crisis Interventions for Schools (TCIS), a behavioral intervention program that manages unsafe behaviors and teaches students how to develop prosocial behaviors.

INDIVIDUAL THERAPY

Cognitive Behavioral Therapy (CBT) – a form of therapy that focuses on changing distorted and dysfunctional thinking for youth with depressive disorders, eating disorders, obsessive-compulsive disorders (OCD), substance use disorders, and adjustment disorders.

Trauma-Focused CBT (TF-CBT) – a form of CBT specifically designed for youth with trauma or stress-related disorders.

Dialectical Behavioral Therapy (DBT) – a form of CBT that teaches mindfulness, interpersonal effectiveness, emotional regulation, and distress tolerance to youth with self-injurious behaviors, disruptive behavior disorders, criminal behaviors, and youth suicide.

Zones of Regulation – a cognitive approach to self-regulation for lower functioning and younger children with autism spectrum disorder (ASD) or disruptive behavior disorders.

Psychotropic Medication Administration – Camelot administers any psychotropic medication prescribed by a physician and given to Camelot by the parent.

Systematic Desensitization – a type of behavioral therapy that gradually helps youth with OCD, anxiety disorders, and panic disorders overcome anxieties and compulsions.

Problem-Solving Skills Training – a curriculum that teaches problem-solving skills, emotional competence, and distress tolerance for youth with disruptive behavior disorders.

GROUP THERAPY

Skillstreaming – a social skills group curriculum for youth with ASD and disruptive behavior disorders.

Anger Control Training (ACT) – a group curriculum for youth with emotional dysregulation, low frustration tolerance, and disruptive behavior disorders.

Theraplay – a group play therapy curriculum for youth with ASD, social anxiety disorders, and social skills deficits.

Young Women's Group – a group curriculum for improving the self-esteem of young women.

Young Men's Group – a group curriculum for improving the accountability and responsibility of young men.



Applied Behavioral Analysis Services

Camelot provides applied behavioral analysis (ABA) services, supervised by a Board Certified Behavioral Analyst (BCBA). Camelot infuses some of these services into its academic and classroom instruction, creating a blended academic/therapeutic environment. Some of these behavior classroom management (BCM) techniques include modeling, prompting, contingency management, reinforcement, and visual supports.

Behavioral Therapy – a form of therapy effective for youth with ASD, ADHD, eating disorders, and substance use disorders.

Pivotal Response Training (PRT) – an intervention for youth with ASD that uses their own interests and initiative to develop communication, language, play, and social behaviors.

Functional Behavior Assessment (FBA) – an assessment that targets specific unsafe and maladaptive behaviors and replaces these behaviors with safe, adaptive competing behaviors in the form of a behavior intervention plan (BIP).

PEAK Relational Training System – a discrete trial training (DTT) program to teach skills in a planned, controlled, and systematic manner using a variety of individually selected stimuli with one-on-one instruction.

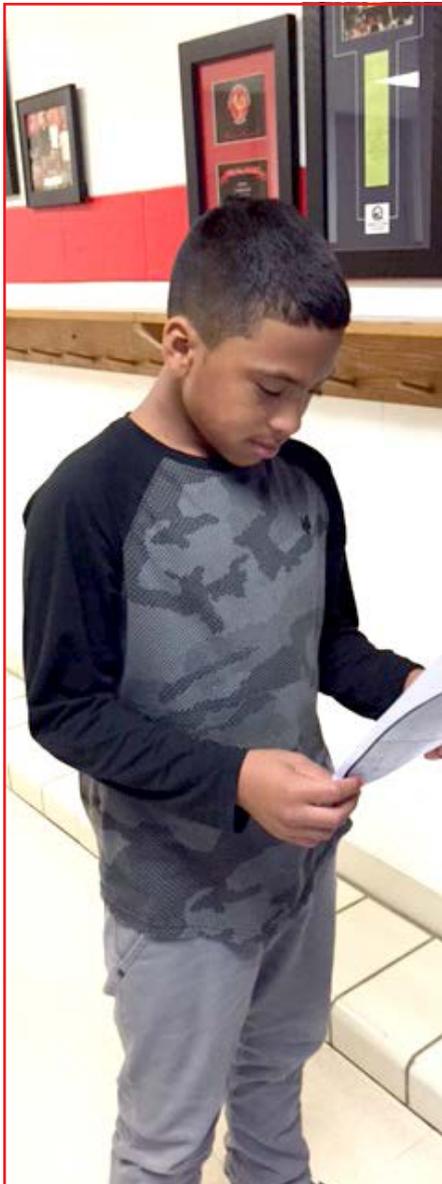
Task Analysis – an intervention for teaching youth with ASD to develop complex skills.

Occupational Therapy Services

Camelot provides occupational therapy services through a licensed occupational therapist (Occupational Therapist, Registered, Licensed (OTR/L.)). While providing occupational services based on the youth's individual development, Camelot also provides specific EBPs for youth with specific needs.

The Alert Program – a curriculum based off of the book "How Does Your Engine Run?" that teaches emotional and physical self-regulation and body awareness.

The Sensory Room – a multi-sensory environment for an under-or-over-stimulated youth that stimulates or calms dysregulation/over-stimulation.



Speech Therapy Services

Camelot provides speech services through a licensed speech therapist for specific speech impairments, selective mutism, and nonverbal ASD.

Expressive Therapies

Camelot provides music and art therapy through board certified music and art therapists. Expressive therapies treat students who display minimal verbal processing, who require more support in affect regulation, and who have sensory processing concerns. As a result, expressive therapies use the creative process to develop social and emotional growth in students.

Music Therapy – a group or individual therapy that uses music and musical instruments to improve social and emotional functioning.

Art Therapy – a group or individual therapy that uses art to improve social and emotional functioning.

Vocational Services

Camelot provides transitional and vocational services to youth that require job training or life skills. Camelot has a vocational room to develop job skills and areas of interest in the world of work as well as a vocational coordinator who provides community and service learning projects throughout the week to develop vocational proficiency.

Self-Management – an intervention for youth with ASD that helps youth regulate their own behavior and act appropriately in different social settings.



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